



Help Keep Home in the Family  
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**Trauma and the Impact of Trauma on Children in FC - 2.0 hours of training  
Required for Relicensing**

Children between the ages of 0-5 need to be developing an attachment to at least \_\_\_\_\_  
(number) caregiver.

Resiliency is built by \_\_\_\_\_.

Children's responses to trauma are survival skills. At some point in the child's life it was necessary to respond in a \_\_\_\_\_, flight, or freeze way.

TRUE OR FALSE - Children's response to trauma are survival skills. At some point in the child's life it was necessary to respond in a fight, flight, or freeze way.

TRUE OR FALSE - Teenagers should be able to imagine the future and the consequences of their actions on their future.

What stress hormones does trauma cause the body to produce \_\_\_\_\_.

\_\_\_\_\_ is a single traumatic event, limited in time.

TRUE OR FALSE - Neglect is significantly impactful to all children but particularly to very young children.

What is Trauma?

TRUE OR FALSE - Children respond to trauma by demonstrating hyperarousal or hypervigilance

School age children should focus on \_\_\_\_\_.